



Join us for a Series of Three Grand Rounds Presentations on Behavioral Health Integration in Primary Care



Norah Vincent, Ph.D.

Topic: Insomnia
Date: Friday, April 19, 2013
Time: 8:00am - 9:30am

Breakfast will be provided at 7:30am.

Location: The Conference Center
at Mercer 1200 Old Trenton Road
West Windsor, NJ 08550
(free parking will be available)

1.5 Complimentary CME Credits

Can't make it in-person?

Please help us spread the word

St. Francis Medical Center, in Trenton, will be hosting a series of three presentations via webcast and at two sites (see individual announcements on the left for specific locations) as part of our grand rounds on behavioral health integration in primary care (4.5 Complimentary CMEs will be provided for all attendees). Our speakers will include international leaders in the fields of insomnia substance use, and dual diagnosis (depression, alcohol and substance use). Presentations will cover the speakers' extensive research and clinical experience developing and using a set of clinical tools that clinicians can use to easily integrate behavioral health into their primary care practices.

Part One: Insomnia

Friday, April 19th, 2013

[Click here to send an email](#) to request instructions for how to log on to our webcast and receive CME Credits remotely.



**Frances Kay-Lambkin,
Ph.D.**

Topic: Dual Diagnosis
(Depression, Alcohol and
Substance Use) in Primary Care
Date: Monday, May 13, 2013
Time: 8:00am - 9:30am

**Breakfast will be provided at
7:30am.**

Location: The Conference Center
at Robert Wood Johnson
Hamilton Center for Health &
Wellness 3100 Quakerbridge
Road Mercerville, NJ 08619
(free parking will be available)

1.5 Complimentary CME Credits

Can't make it in-person?

[Click here to send an email](#) to request instructions for how to log on to our webcast and receive CME Credits remotely.

You may attend onsite (at the Conference Center at Mercer) or via webinar (1.5 Complimentary CMEs and breakfast will be provided).

Norah Vincent, Ph.D.

University of Manitoba

Dr. Norah Vincent is a Clinical Psychologist and Associate Professor for the Department of Clinical Health Psychology in the Faculty of Medicine at the University of Manitoba. Dr. Vincent is an internationally recognized expert on cognitive behavioral therapy (CBT) for insomnia and its implementation on the web. She has also developed, studied and published on the use of a stepped care model to make the right treatment available to the right patients at the right time through the use of technology. She is the developer of the award-winning computerized CBT program RESTORE. This program (for insomnia and sleep problems) received international attention when the data from its randomized, controlled trial was published in the Journal SLEEP in 2009. It has subsequently been the subject of several more research publications.

**Part Two: Dual Diagnosis
(Depression, Alcohol and
Substance Use) in Primary Care**
Monday, May 13, 2013

You may attend onsite (the Conference Center at RWJ in Mercerville, NJ) or via webinar (1.5 Complimentary CMEs and breakfast will be provided).

Frances Kay-Lambkin, Ph.D.



Peter Morgan, M.D., Ph.D.

Topic: Insights and research into the Treatment of Insomnia
Date: Wednesday, June 26, 2013
Time: 8:00am - 9:30am

Breakfast will be provided at 7:30am.

Location: The Conference Center at Mercer 1200 Old Trenton Road West Windsor, NJ 08550 (free parking will be available)

1.5 Complimentary CME Credits

Can't make it in-person?

[Click here to send an email](#) to request instructions for how to log on to our webcast and receive CME Credits remotely.

University of Newcastle

Dr. Kay-Lambkin is from the National Drug and Alcohol Research Centre, at the University of New South Wales in Sydney, Australia. Dr. Kay-Lambkin is recognized as an international leader in the field of substance use and is the primary researcher and developer of the computerized CBT program SHADE. This internet-delivered program has been demonstrated to significantly reduce substance use, drinking, binge drinking, hazardous use and depression.

Part Three: Insights and research into the treatment of insomnia

Wednesday, June 26th, 2013

You may attend onsite (at the Conference Center at Mercer in West Windsor, NJ) or via webinar (1.5 Complimentary CMEs and breakfast will be provided).

Peter Morgan, M.D., Ph.D.
Yale University

Dr. Morgan is Associate Professor of Psychiatry at Yale University; Associate Director at Cocaine Research Clinic; Medical Director at the Forensic Drug Diversion Clinic; and the President of Medical and Professional Staff at the Connecticut Mental Health Center. Dr. Morgan is an internationally recognized expert in substance use and its relationship to sleep disturbances, such as insomnia. He will also report on his use of computerized CBT to treat

insomnia in a Medicaid substance
use population.

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